



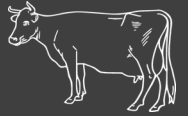
THE BROWN COW

COUNTRY PUB

GLUTEN FREE EVENING MENU

starters

KING PRAWNS & CHORIZO	£8	SLICED BELLY PORK	£8.50
COOKED IN SMOKED PAPRIKA & LEMON OIL SERVED WITH GF BREAD		WITH BLACK PUDDING, SPICED APPLE PUREE & PORK AIRBAGS	
HONEY GLAZED PIGS IN BLANKETS	£7.50	HOMEMADE SOUP  	£6
WITH PICKLED SHALLOTS & FRESH CHIVES		WITH GF BREAD & BUTTER	



classic mains

CLASSIC FISH & CHIPS*	£15	KING PRAWN & CHORIZO RISOTTO	£16
(GF BATTER) WITH MUSHY PEAS & CHARGRILLED LEMON		WITH CHILLI OIL, DRESSED ROCKET & PARMESAN	
ROASTED CHICKEN BREAST	£17	BEETROOT PUREE RISOTTO  	£14
WITH CRUSHED NEW POTATOES, SEASONAL VEGETABLES & A BRANDY & MUSHROOM CREAM SAUCE		WITH ROASTED SWEET POTATO, TOASTED PINE NUTS & SPINACH	
MORROCCAN LAMB SHANK	£22	WARM SWEET POTATO SALAD  	£15
WITH CARROT & SWEDE MASH, PEARL ONIONS & LAMB STOCK GRAVY, GARNISHED WITH POMEGRANATE SEEDS & FRESH ROSEMARY		WITH NEW POTATOES, RED ONION, CHERRY TOMATOES, RED & YELLOW PEPPERS & FRESH ROCKET IN A HONEY & BALSAMIC GLAZE TOPPED WITH MELTED BRIE	
LEMON & DILL SALMON FILLET	£17	CLASSIC MASH TOPPED FISH PIE	£18
WITH HASSELBACK POTATOES, SAUTEED SPINACH & PEAS, & A LEMON BUTTER SAUCE		WITH SAUTEED SPINACH, LEEKS & PEAS	

grills











WE SOURCE OUR STEAKS FROM AWARD WINNING BUTCHERS & COOK THEM TO YOUR LIKING. SERVED WITH HAND-CUT CHIPS*, CONFIT TOMATO,
FLAT CAP MUSHROOM & CHIMI CHURI DRESSED ROCKET

8OZ SALT AGED RUMP	£20
8OZ SALT AGED SIRLOIN	£24
ADD PEPPERCORN OR MUSHROOM SAUCE	£2

STEAK NIGHT EVERY FRIDAY FROM 5PM.....

order any two steaks and get a bottle of selected wine absolutely free

sides

HAND-CUT CHIPS*  	£3	SEASONAL VEGETABLES  	£3
FRIES*  	£3	TRUFFLE & PARMESAN FRIES*  	£3.50
DRESSED HOUSE SALAD  	£2.50		



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IMPORTANT INFO...

* COOKED IN THE SAME FRYER AS PRODUCTS CONTAINING
GLUTEN AND ARE NOT SUITABLE FOR COELIACS.

IF YOU HAVE A FOOD ALLERGY PLEASE INFORM US BEFORE PLACING AN
ORDER. AS WE HANDLE MANY DIFFERENT FOODS IN OUR KITCHEN AND EVEN
THOUGH EVERY CARE IS TAKEN, WE CANNOT FULLY GUARANTEE ANY OF OUR
DISHES ARE COMPLETELY FREE FROM ALLERGENS.

 SUITABLE FOR VEGETARIANS

 VEGAN DISHES

get in touch

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