

Food available  
Monday - Thursday 12-3 / 5-8pm  
Friday - Saturday 12-9pm  
Sunday 12-7pm



THE BROWN COW  
COUNTRY PUB

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## STARTERS

SOUP OF THE DAY   
gluten free toast,  
herb butter £5.95

CHICKEN LIVER PATE  
homemade chutney,  
gluten free toast £6.50

BATTERED SHRIMP  
made using gluten free  
batter, sriracha  
mayonnaise, Asian slaw  
£6.50

TRUFFLED MUSHROOM  
RISOTTO   
crispy sage, parmesan  
crisp £6.95



## Gluten Free Menu\*



## MAIN COURSES

### FISH & CHIPS

Gluten free battered haddock fillet, chips, home made tartare sauce,  
mushy peas & lemon £13.95

### CHICKEN BREAST

stuffed with spinach, feta & sun blushed tomatoes, crushed garlic  
potatoes, tomato ragout, Parma ham crisp £16.50

### BUTTERNUT RISOTTO

toasted sunflower seeds, butternut puree, basil pesto, sage £13.95

### MAPLE GLAZED PORK LOIN

dauphinoise potatoes, caramelised apple, smoked paprika crackling,  
wholegrain mustard cream, wilted greens £15.95

### WILD MUSHROOM STROGANOFF

smoked brandy sauce, coriander rice £13.95

### POACHED SMOKED HADDOCK

crushed new potatoes, wilted greens, mustard & chive mornay sauce  
£15.95

## STEAKS







We source our steaks from Award Winning Butchers & cook them  
to your liking. Served with chips, confit vine cherry tomatoes,  
flat cap mushroom & watercress.

8OZ SALT AGED RUMP £20

8OZ SALT AGED SIRLOIN £24

Add peppercorn sauce, blue cheese sauce or garlic butter for £2

## SIDES

Chunky chips   
House salad   
Battered onion rings   
Seasonal vegetables 


All £2.50



## Puddings

### BLACKCURRANT PARFAIT

frozen apple sponge,  
yoghurt sauce, berries £5.95

CHEESE SELECTION   
three local cheeses, celery  
curls, frozen grapes, red  
onion chutney, gluten free  
cheese biscuits £6.95

\*If you have a food allergy please inform us before  
placing an order. As we handle many different foods  
in our kitchen and even though every care is taken,  
we cannot fully guarantee any of our dishes are  
completely free from allergens.

 signifies vegetarian dishes.

