



BINGLEY
THE BROWN COW

Gluten Free Menu

Starters

Homemade Soup (v) £4.95

with gluten free bread

Roasted Red Peppers (v) £5.25

stuffed with feta & basil risotto on a sun-dried tomato salad

Salmon & Beetroot Gravadlax £6.25

with horseradish cream & dressed mixed leaves

Chicken Liver Pate £5.25

with gluten free bread & spiced apple chutney

Pan-fried Wood Pigeon Breast £6.25

with a black pudding & smoked bacon dressed salad

King Prawn Pil Pil £5.95

in garlic & chilli oil with gluten free bread

Mains

Black Pudding & Apple Stuffed Pork Belly £12.95

with wholegrain mashed potato, roasted shallots & cider gravy

Roasted Rack of Lamb £16.95

with colcannon mashed potato, roasted on the vine tomatoes & a port reduction

Maple Glazed Chicken Breast £10.95

With creamed wild mushrooms & leeks, fondant potato & seasonal vegetables

Smoked Haddock & Leek Risotto £10.50

with a poached egg and chives.

Goats Cheese & Beetroot Risotto (v) £9.95

topped with fresh rocket leaves & Italian hard cheese

Steaks

All our steaks are sourced from Award Winning Butchers, Ellison's of Cullingworth & cooked to your liking.

Served with hand-cut chips, roasted tomato, braised flat mushroom & watercress. Please see the specials board for today's selection.

Compliment your steak with either wild mushroom, peppercorn or blue cheese sauce for £1.50.

Please note our chips are cooked in the same fryers as flour & wheat products. The oil is changed daily but there may still be a small trace so we cannot guarantee they are 100% 'gluten free'. Please advise our team on your tolerance level. All bread & pasta are gluten free.

Pasta & Salads

All our pasta is cooked al dente & topped with fresh rocket & grated parmesan

Garlic Pan-Fried King Prawns £8.50

with courgette, cherry tomatoes, wilted rocket & spaghetti in garlic butter

Chicken & Bacon Caesar Salad £8.50

with shaved parmesan

Chicken & Bacon Carbonara £9.25

in a classic carbonara cream sauce with garlic & black pepper

Feta, Olive & Sun-dried Tomato Salad (v) £7.95

with gluten free bread