DISHES AND THEIR ALLERGEN CONTENT - STARTERS. BROWN COW BINGLEY LTD. 03/07/2024.

DISHES					De.	Lupin Flour	Milk		MUSTARD			SSAM		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BREAD & OLIVES		√ BREAD												√
SOUP		√ BREAD					√ BUTTER							
SEAFOOD ASSIETTE		✓	✓	√	✓		√	✓						✓
MOULES MARINIERE		✓	✓				√	✓						✓
HOMEMADE NACHOS		✓					√							
BLACK PUDDING SCOTCH EGG		✓		✓										✓
CHARCUTERIE		✓		√			√							✓



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DISHES AND THEIR ALLERGEN CONTENT - MAINS. BROWN COW BINGLEY LTD. 03/07/2024.

DISHES						upin Flour	Milk		MUSTARD			SEAME	6	Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
STEAK PIE		√		✓	✓		√							✓
FISH & CHIPS		✓			✓									✓
WHOLETAIL SCAMPI		✓	√											
SAUSAGES & MASH		✓					√							✓
BACON CHOP							√		✓					
CHICKEN BREAST							√							
BEEF BURGER	√	✓					√		SALAD DRESSING					✓
SPICED BEAN BURGER	√	✓							SALAD DRESSING					
DUCK BREAST							√							✓
KATSU CHICKEN RAMEN		✓		√									✓	✓



DISHES AND THEIR ALLERGEN CONTENT - MAINS CONT. BROWN COW BINGLEY LTD. 03/07/2024.

DISHES					D.	Lupin Flour	Milk		MUSTARD			SSAMO		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BLACKENED SALMON				√	✓									
TOMATO & BASIL QUICHE		√		√			√		SALAD DRESSING					
CHICK & BACON CAESAR SALAD		√ croutons		√	√		√							
PRAWN & SALMON SALAD			✓		√		√		SALAD DRESSING					
CHICK & BACON CARBONARA		✓		√			√							
SEAFOOD SPAGHETTI		✓	✓	√	✓			✓						
LEMON & SPINACH SPAGHETTI		✓		√			√							
FLAT IRON & RIBEYE STEAKS							√							



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DISHES AND THEIR ALLERGEN CONTENT – SANDWICHES. BROWN COW BINGLEY LTD. 03/07/2024.

DISHES						Lupin Flour	Milk		MUSTARD			SSAME	58	Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICK & BACON CLUB		✓		√					SALAD DRESSING					
FISH FINGERS		✓		√	✓				SALAD DRESSING					
PRAWNS MARIE ROSE		✓	✓	√	✓				SALAD DRESSING					✓
CURED MEAT MELT		✓					✓		SALAD DRESSING					✓
SPINACH CROQUE MONSIEUR		√					√		SALAD DRESSING					



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DISHES AND THEIR ALLERGEN CONTENT - EXAMPLE DESSERTS. BROWN COW BINGLEY LTD. 03/07/2024.

DISHES						Lupin Flour	Milk		MUSTARD			SSCAME		Boor WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHOCOLATE BROWNIE		✓		\checkmark			√							
STICKY TOFFEE PUDDING		√		√			✓							
BAILEYS CRÈME BRULEE		√		√			√							✓ BAILEYS

DISHES AND THEIR ALLERGEN CONTENT - SUNDAY ROASTS. BROWN COW BINGLEY LTD. 03/07/2024.

	100 20	1	1			1		1	1			.,		
DISHES						Lupin	Milk		MUSTARD			SESAME OK.		Goor WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
ROAST BEEF		✓ YORKS PUD		✓ YORKS PUD			✓							
ROAST HAM		✓ YORKS PUD		✓ YORKS PUD			√		✓					
ROAST TURKEY		✓ YORKS PUD		✓ YORKS PUD			√							
NUTROAST		✓		✓ YORKS PUD			✓			√				