


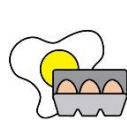
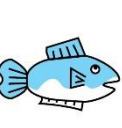
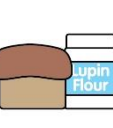











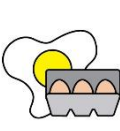
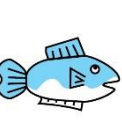

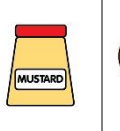
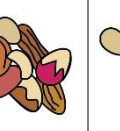

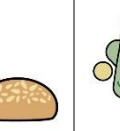





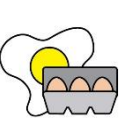
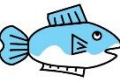
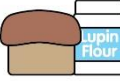








# DISHES AND THEIR ALLERGEN CONTENT – STARTERS. BROWN COW BINGLEY LTD. 03/07/2024.

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BREAD & OLIVES		✓ BREAD												✓
SOUP		✓ BREAD					✓ BUTTER							
SEAFOOD ASSIETTE		✓	✓	✓	✓		✓	✓						✓
MOULES MARINIÈRE		✓	✓				✓	✓						✓
HOMEMADE NACHOS		✓					✓							
BLACK PUDDING SCOTCH EGG		✓		✓										✓
CHARCUTERIE		✓		✓			✓							✓




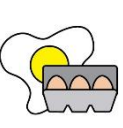
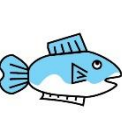
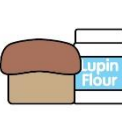

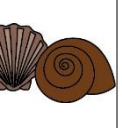
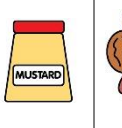
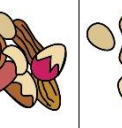
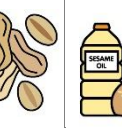
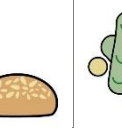
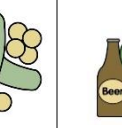

# DISHES AND THEIR ALLERGEN CONTENT – MAINS. BROWN COW BINGLEY LTD. 03/07/2024.

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
STEAK PIE		✓		✓	✓		✓							✓
FISH & CHIPS		✓			✓									✓
WHOLETAIL SCAMPI		✓	✓											
SAUSAGES & MASH		✓					✓							✓
BACON CHOP							✓		✓					
CHICKEN BREAST							✓							
BEEF BURGER	✓	✓					✓		✓ SALAD DRESSING					✓
SPICED BEAN BURGER	✓	✓							✓ SALAD DRESSING					
DUCK BREAST							✓							✓
KATSU CHICKEN RAMEN		✓		✓									✓	✓




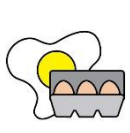
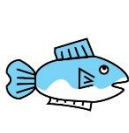
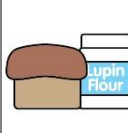

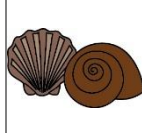


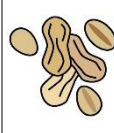



# DISHES AND THEIR ALLERGEN CONTENT – MAINS CONT. BROWN COW BINGLEY LTD. 03/07/2024.

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BLACKENED SALMON				✓	✓									
TOMATO & BASIL QUICHE		✓		✓			✓		✓ SALAD DRESSING					
CHICK & BACON CAESAR SALAD		✓ CROUTONS		✓	✓		✓							
PRAWN & SALMON SALAD			✓		✓		✓		✓ SALAD DRESSING					
CHICK & BACON CARBONARA		✓		✓			✓							
SEAFOOD SPAGHETTI		✓	✓	✓	✓			✓						
LEMON & SPINACH SPAGHETTI		✓		✓			✓							
FLAT IRON & RIBEYE STEAKS							✓							



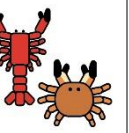
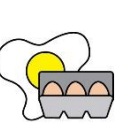
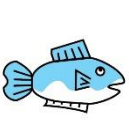


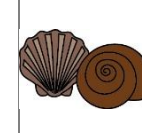






# DISHES AND THEIR ALLERGEN CONTENT – SANDWICHES. BROWN COW BINGLEY LTD. 03/07/2024.

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICK & BACON CLUB		✓		✓					✓ SALAD DRESSING					
FISH FINGERS		✓		✓	✓				✓ SALAD DRESSING					
PRAWNS MARIE ROSE		✓	✓	✓	✓				✓ SALAD DRESSING					✓
CURED MEAT MELT		✓					✓		✓ SALAD DRESSING					✓
SPINACH CROQUE MONSIEUR		✓					✓		✓ SALAD DRESSING					

## DISHES AND THEIR ALLERGEN CONTENT – EXAMPLE DESSERTS. BROWN COW BINGLEY LTD. 03/07/2024.

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHOCOLATE BROWNIE		✓		✓			✓							
STICKY TOFFEE PUDDING		✓		✓			✓							
BAILEYS CRÈME BRULEE		✓		✓			✓							✓ BAILEYS

## DISHES AND THEIR ALLERGEN CONTENT – SUNDAY ROASTS. BROWN COW BINGLEY LTD. 03/07/2024.

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
ROAST BEEF		✓ YORKS PUD		✓ YORKS PUD			✓							
ROAST HAM		✓ YORKS PUD		✓ YORKS PUD			✓		✓					
ROAST TURKEY		✓ YORKS PUD		✓ YORKS PUD			✓							
NUTROAST		✓		✓ YORKS PUD			✓			✓				