DISHES AND THEIR ALLERGEN CONTENT - STARTERS. BROWN COW BINGLEY LTD. 05/04/2025.

DISHES					De.	Lupin Flour	Milk		MUSTARD			ISOMO ISOMO		Coor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BREAD & OLIVES		√ BREAD												√
SOUP		√ BREAD					√ BUTTER							
SALT & PEPPER BELLY PORK		√		√								√ HOISIN	✓ HOISIN	
MOULES MARINIERE		✓	✓				✓	✓						√
HOMEMADE NACHOS		✓					✓							
COCONUT KING PRAWNS		✓	✓				√		✓					√
CHICKEN LIVER PATE		✓					✓		✓					√
DEEP FRIED PANEER		✓					✓							√



DISHES AND THEIR ALLERGEN CONTENT - MAINS. BROWN COW BINGLEY LTD. 05/04/2025.

DISHES					D.	lupin Flour	Milk		MUSTARD			SSAM		WNE Goor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
STEAK PIE		✓		√	✓		√							✓
FISH & CHIPS		✓			✓									√
WHOLETAIL SCAMPI		√	✓											
SAUSAGES & MASH		✓					√							√
SEABASS	√		✓		√			✓					✓	✓
KING PRAWN NDUJA SPAGHETTI		✓	✓	√			√							
BEEF BURGER	√	✓		√			√		✓					✓
SPICED BEAN BURGER	√	✓		√					√					
CHICKEN & PESTO SPAGHETTI		✓		√			√			✓			✓	



DISHES AND THEIR ALLERGEN CONTENT - MAINS CONT. BROWN COW BINGLEY LTD. 05/04/2025.

DISHES						upin Flour	Milk		MUSTARD			SSGAM		Good Wine
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICK & BACON CAESAR SALAD		✓ CROUTONS		√	√		√							
CAULIFLOWER CURRY		✓					√		✓					√
CHEESE PIE		✓		√			√		✓					
BALTI CHICKEN PIE		✓		√			√		✓					√
CHICKEN BURGER		✓		√			√							
PULLED PORK TOPPING	√	✓											✓	
SALAD DRESSING									✓					



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DISHES AND THEIR ALLERGEN CONTENT - SANDWICHES. BROWN COW BINGLEY LTD. 05/04/2025.

DISHES						upin Flour	Milk		MUSTARD			SEGAME		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICK & BACON SW		✓		√					SALAD DRESSING					
FISH FINGER SW		✓		√	✓				SALAD DRESSING					
BBQ PULLED PORK PANINI	√	✓							✓				✓	√
TOMATO & PESTO PANINI		√					√		SALAD DRESSING	√			✓	
PANEER & SPINACH PANINI		√					√		✓					√



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DISHES AND THEIR ALLERGEN CONTENT - EXAMPLE DESSERTS. BROWN COW BINGLEY LTD. 05/04/2025.

DISHES						Lupin Flour	Milk		MUSTARD			FRAME (SECONDARY OF THE PROPERTY OF THE PROPER		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHOCOLATE BROWNIE		√		√			√							
STICKY TOFFEE PUDDING		✓		√			√							
BAILEYS CRÈME BRULEE		√		√			√							√ BAILEYS

DISHES AND THEIR ALLERGEN CONTENT - SUNDAY ROASTS, BROWN COW BINGLEY LTD, 05/04/2025.

DISHES					D.	Lupin Flour	Milk		MUSTARD			SSAM		Coor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
ROAST BEEF		✓ YORKS PUD		✓ YORKS PUD			✓							
ROAST PORK		✓ YORKS PUD		✓ YORKS PUD			√		✓					
ROAST TURKEY		✓ YORKS PUD		✓ YORKS PUD			√							
NUTROAST		✓		✓ YORKS PUD			✓			√				