



THE BROWN COW

COUNTRY PUB

IMPORTANT INFO...

IF YOU HAVE A FOOD ALLERGY PLEASE INFORM US BEFORE PLACING AN ORDER. AS WE HANDLE MANY DIFFERENT FOODS IN OUR KITCHEN AND EVEN THOUGH EVERY CARE IS TAKEN, WE CANNOT FULLY GUARANTEE ANY OF OUR DISHES ARE COMPLETELY FREE FROM ALLERGENS.

* OUR CHIPS ARE COOKED IN THE SAME FRYER AS PRODUCTS CONTAINING GLUTEN AND ARE NOT SUITABLE FOR COELIACS.

 SUITABLE FOR VEGETARIANS

 VEGAN DISHES

GLUTEN FREE MENU*

STARTERS

GF BREAD, OILS & OLIVES   £4.95

PADRON PEPPERS   £5.50

WITH SMOKY PAPRIKA MAYO

HOMEMADE SOUP   £6

WITH GLUTEN FREE TOASTED BREAD

BAKED CAMEMBERT  £7.50

WITH GLUTEN FREE TOASTED CIABATTA
& BEETROOT JAM

SMOKY CAULIFLOWER BITES   £6.50

WITH CHIPOTLE MAYO & SWEETCORN RELISH



MAIN COURSE

PUB CLASSICS

CLASSIC FISH & CHIPS £15

IN GLUTEN FREE BATTER WITH MUSHY PEAS & CHARGRILLED LEMON

CREAMY TOMATO RISOTTO   £13

WITH FRESH BASIL & VEGAN PARMESAN

SMOKED HADDOCK & LEEK RISOTTO £15

WITH A POACHED EGG

GRILLED BACON CHOP £16

WITH HANDCUT CHIPS, CONFIT TOMATO, FRIED EGG, CHARGRILLED PINEAPPLE SALSA
& GARDEN PEAS

CHEFS CLASSICS

PAN-SEARED SEABASS FILLETS £16

CRUSHED POTATOES WITH WILTED SPINACH, CAPER POPCORN, ROASTED PUMPKIN & CHORIZO
CREAM SAUCE

SMOKED HADDOCK & PRAWN STEW £15

WITH A SIDE OF CRUSHED POTATOES WITH WILTED SPINACH & CRISPY LEEKS

ROASTED CAULIFLOWER CURRY   £14

WITH CORIANDER RICE, ONION BHAJI

GRILLS

WE SOURCE OUR STEAKS FROM AWARD WINNING BUTCHERS & COOK THEM TO YOUR LIKING. SERVED WITH SEASONED BUTTER,
HAND-CUT CHIPS, CONFIT TOMATO, FLAT CAP MUSHROOM & CHIMICHURI DRESSED ROCKET

8OZ SALT AGED RUMP £20

8OZ SALT AGED SIRLOIN £24

BROWN COW MIXED GRILL £27

4OZ SALT AGED RUMP STEAK, 8OZ BACON CHOP & A FRIED EGG

ADD PEPPERCORN OR ROQUEFORT SAUCE £2



STEAK NIGHT FRIDAYS

ORDER ANY TWO STEAKS & GET A FREE BOTTLE OF WINE**

SIDES

HANDCUT CHIPS £2.50

HOUSE SALAD £2.50

TRUFFLE & PARMESAN CHIPS £3.50

SEASONAL VEGETABLES £3.00